



EVENT type _____
COMPANY organization _____
CONTACT name _____
EVENT address _____
E-MAIL _____ fax _____
PHONE _____ EXT _____

DATE _____
TIME _____
No. guests _____

to order : please indicate the required quantities of each selected item & fax to your nearest MBCo orders must be faxed | e-mailed a minimum of 24 hrs prior to delivery

TORONTO BLOOR fax: 416 975 0846 | YONGE fax: 416 961 9331
MONTRÉAL COMPLEXE DESJARDINS fax: 514 845 6710 | STANLEY fax: 514 284 4987

breakfast boxes

includes: a fresh cut seasonal fruit salad, orange or grapefruit juice
(fresh squeezed orange juice + 3\$)

fruit salad orange juice grapefruit juice fresh squeezed

- | | | | | | | | | | | | |
|--------------------------|--|--------------|-------------|---|--------------------------|----|--------------------------|----|--------------------------|----|--------------------------|
| <input type="checkbox"/> | chef's choice of the day
call & inquire about what new "specialty" sandwich or breakfast is available | market price | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |
| <input type="checkbox"/> | fresh herbed chopped egg salad sandwich
chopped organic free range chicken eggs, with fresh cut dill, fresh cut chives, fleur de sel, fresh home made mayo, between a choice of pumpernickel, multigrain bread or fresh croissant | 10\$/pers | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |
| <input type="checkbox"/> | grilled 3 cheese sandwich
(goat cheese, havarti & cheddar)
made with clarified butter | 10\$/pers | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |
| <input type="checkbox"/> | the continental breakfast
this is our own style of a true continental breakfast... fresh baked croissant, hard boiled egg, fresh aioli & our famous roasted figs & almond confiture | 12\$/pers | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |
| <input type="checkbox"/> | the classic bagel & lox boxed breakfast
served with marinated smoked salmon in Madagascar pepper & fresh cut dill, between a toasted sesame seed bagel, with vine ripe cherry tomato, berry capers, Spanish onions & a creamy creamed cheese | 12\$/pers | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |
| <input type="checkbox"/> | MBCo BLT
with cherry tomatoes, canadian bacon & boston lettuce
between organic multigrain bread | 12\$/pers | x [_____] | + | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> | or | <input type="checkbox"/> |

fax to your nearest MBCo location:

MONTRÉAL

5 COMPLEXE DESJARDINS tto 514.845 8887 fax: 514 845 6710

1447 STANLEY tto 514.284 0404 fax: 514 284 4987



to each his own

sandwich boxes

includes MBCo bottled water and your choice of soup or salad

CORPORATE
lunch BOX
www.mbc.ca

				exp	total
<input type="checkbox"/>	roasted red bell peppers & ricotta with marinated arugula	10 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	oven roasted salmon salad sandwich on pumpkinseed	12 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	roasted chicken & brie pita	12 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	"weak pete" chicken pita	12 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	wild mushroom & goat cheese with baby arugula	13 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	classic steak sandwich sliced rib steak, baby eggplant & cheddar	15 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	cajun style jumbo shrimp BLT with cheddar & canadian bacon	15 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	roasted organic chicken nicoise sandwich in a french baguette	16 \$ /lunchbox	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>
<input type="checkbox"/>	gourmet sandwich of the day	market price	x	[_____]	+ <input type="checkbox"/> = <input type="checkbox"/>

pizza boxes

<input type="checkbox"/>	« spanakopita » pizza garlic & onion sautéed spinach, fetacheese, fresh dill & kalamata olives on a thin focaccia	10 \$ /pers	x	[_____]
<input type="checkbox"/>	roasted baby eggplant, proscuito & brie with a basil pesto on a thin cut focaccia	12 \$ /pers	x	[_____]
<input type="checkbox"/>	organic chicken & red peppers with a sun dried pesto, wild mushrooms & goat cheese on a rosemary focaccia	12 \$ /pers	x	[_____]
<input type="checkbox"/>	summer vegetarian pizza sun dried tomato pesto, asparagus, oyster mushrooms, halved cherry tomatoes & spinach	12 \$ /pers	x	[_____]

salads

includes sliced french baguette

<input type="checkbox"/>	double smoked salmon salad with caviar condiments & greens & served with a citrus oil	10 \$ /pers	x	[_____]
<input type="checkbox"/>	roasted chicken pasta salad made with whole wheat pasta with leeks & aioli	10 \$ /pers	x	[_____]
<input type="checkbox"/>	roasted salmon & rigatoni salad with sun dried tomatoes, aioli & leeks	10 \$ /pers	x	[_____]
<input type="checkbox"/>	vine ripe cherry tomatoes & barrel feta salad with fresh cut oregano, kalamata olives & greens	12 \$ /pers	x	[_____]
<input type="checkbox"/>	roasted organic chicken village salad with a tarragan dressing	14 \$ /pers	x	[_____]
<input type="checkbox"/>	oven roasted organic turkey breast salad baby spinach, goat cheese, sun dried cranberries & black fig & balsamic vinegar	15 \$ /pers	x	[_____]
<input type="checkbox"/>	tuna nicoise raw, pan-seared, pepper crusted & served with a balsamic oil	15 \$ /pers	x	[_____]



mornings

delivered & served starting as early as 6:00 am

- | | | | |
|--------------------------|---|------------------------------------|-------------|
| <input type="checkbox"/> | MBCo signature boutique muffins
assorted morning fresh muffins: chocolate, chocolate & cranberry, apple, banana, multigrain & muesli, zucchini & raisin, carrot | 20 \$ / doz | x [_____] |
| <input type="checkbox"/> | assorted mini french pastries
a variety of fresh, butter sweet pastries with assorted toppings: chocolate torsade, cinnamon brioches, fresh berry brioches, chaussons aux pommes, croissants au chocolat | 24 \$ / doz | x [_____] |
| <input type="checkbox"/> | fresh breads & confituras
the european choice
assorted « pains » : multigrains, original montreal bagels, baguettes & croissants, served with our home made roasted figs & almond marmalade & churned butter | [good for 8 persons] 26 \$ / doz | x [_____] |
| <input type="checkbox"/> | fresh berries & mueslix parfait
Mediterranean yogurt with greek honey, fresh berries & muesli | xtra ... 5 \$ / pers | x [_____] |

platters

the way nature intended

- | | | | |
|--------------------------|---|--|-------------|
| <input type="checkbox"/> | fresh fruit platter
assorted seasonal fruit | [good for 8 persons]
45 \$ /platter | x [_____] |
| <input type="checkbox"/> | assorted cheese platter
gruyere, gorgonzola, brie, aged cheddar & havarti accompanied by clusters of grapes & apples with honey drizzled nuts & fresh crusty baguette | 60 \$ /platter | x [_____] |
| <input type="checkbox"/> | oven roasted summer vegetable platter
(served room temperature)
an exotic blend of japanese eggplant, zucchini, oyster mushrooms, red & yellow bell peppers & compari tomatoes served with an olive oil & balsamic dip & a roasted red pepper aioli | 75 \$ /platter | x [_____] |
| <input type="checkbox"/> | fresh berry platter
an assortment of blackberries, raspberries, blueberries, strawberries & gooseberries | 96 \$ /platter | x [_____] |
| <input type="checkbox"/> | exotic fruit platter
mounds of fresh cut mango, papaya, passion fruit, figs, canary melons, mangostians, casalba melons, lychees & kumquats | 96 \$ /platter | x [_____] |

for **allergy & dietary conditions**
our MBCo chefs are available for special requests.



minis

sandwich "sampler" assortment

MBCo mini sandwiches are NOT SOLD individually
Orders of MBCo minis must be placed 48hrs. prior

MINIMUM order: one dozen [1 dz] per selection
48 \$ / dz

- | | | | |
|--------------------------|--|---|--------------|
| <input type="checkbox"/> | nicoise sandwich with organic chicken | x | [_____] dz |
| <input type="checkbox"/> | roasted red pepper & ricotta | x | [_____] dz |
| <input type="checkbox"/> | proscuitto & goat cheese | x | [_____] dz |
| <input type="checkbox"/> | wild mushrooms & feta with chives | x | [_____] dz |
| <input type="checkbox"/> | organic turkey & goat cheese with arugula & cranberries | x | [_____] dz |
| <input type="checkbox"/> | classic BLT no bacon (cheese instead) | x | [_____] dz |
| <input type="checkbox"/> | roasted salmon salad sandwich | x | [_____] dz |
| <input type="checkbox"/> | bagel & marinated gravlax with creamed cheese | x | [_____] dz |
| <input type="checkbox"/> | roasted baby zucchini & baby eggplant with feta crumble | x | [_____] dz |
| <input type="checkbox"/> | roasted organic chicken & brie with sun dried cherry tomatoes | x | [_____] dz |
| <input type="checkbox"/> | roasted organic chicken & avocado baguette | x | [_____] dz |
| <input type="checkbox"/> | roasted beef , caramelized onions & aged cheddar | x | [_____] dz |
| <input type="checkbox"/> | cherry tomatoes & Greek barrel feta crumble with thai basil | x | [_____] dz |

just desserts

- | | | | | |
|--------------------------|---|-------------------------|---|-----------|
| <input type="checkbox"/> | white chocolate cheese cake | 6 \$ /pers | x | [_____] |
| <input type="checkbox"/> | chocolate, chocolate cake | 6 \$ /pers | x | [_____] |
| <input type="checkbox"/> | tartelettes by the dozen | <i>minis</i> 30 \$ / dz | x | [_____] |
| <input type="checkbox"/> | lemon tart, fresh fig & custard, fresh blueberry,
pomme « normande » (caramelized apples, custard & calvados liqueur),
fresh raspberry, fresh mirabelle(baby pitted prunes), pecan | <i>large</i> 48 \$ / dz | x | [_____] |

authorization

ORDER AUTHORIZED BY _____

CREDIT CARD: VISA MASTERCARD AMEX DINERS

CARD NUMBER: _____ EXPIRY DATE _____
(mm/yy)

NAME ON CARD: _____

SIGNATURE _____ DATE _____